

PERMANENT / SEMI-PERMANENT / MICROBLADING PRE & POST PROCEDURE INFORMATION & INSTRUCTIONS

PMU/SPMU services cannot be performed on those who are currently pregnant, nursing, or who have HIV/AIDS, Hepatitis, serious heart disorders, blood infections, has had a chemical/laser peel or AHA treatment within the last 6 weeks, facial cosmetic injections within the last 3 weeks, used Retin-A products within the last 2 weeks, had an electrolysis within 1 week, has received cancer/chemo treatments within the last 6 months. A doctors note is required if client is currently taking prescription anti-depressant medication(s) or is diabetic or epileptic.

We will not perform PMU/SPMU on anyone under age 18 unless there is a medical reason (such as alopecia or post chemo-related hair loss) and they have a parent/guardian present during the procedure. Parent/guardian will be required to sign consent forms.

LIP COLOR CLIENTS – If you have EVER in your entire life experienced a cold sore/fever blister, you are strongly advised to start taking preventative medication 2 days prior to your lip procedure. This is for YOUR comfort and protection, as cold sores can be triggered by PMU/SPMU procedures in those who are vulnerable to them.

Any permanent (PMU), or semi-permanent/microblading (SPMU) procedure may require more than one treatment session to achieve the desired results. Results vary according to skin type, ethnicity, age, lifestyle, home care, current & future personal health & medications, sun/chlorine exposure level, and many other factors that the technician cannot control or predict, therefore the results are not guaranteed, and no refunds will be given, no exceptions. With proper application and client post care & continued maintenance, the results should last approximately 18-24 months or more for SPMU procedures, and 3-10 years or more for PMU procedures, however it is not an exact science, and again, there is no guarantee of how long each individual client's skin will accept, process, and retain the pigment.

Please be aware that the color intensity will be significantly darker and sharper immediately after the procedure. This will reduce by approximately 20-50% over the following 4 weeks. (Lip procedures tend to fade faster & more than other PMU/SPMU procedures) For best results, clients are encouraged to return for an optional "Perfection Session" which is offered at a special discounted rate when performed within 4-8 weeks after the initial procedure. Additional touch-ups are offered at a reduced rate when performed within 24 months of the most recent PMU/SPMU procedure.

Treated area will be VERY dark/bold for the first 4-5 days, then it will become very light for the next 5-7 days, you may even feel they have gotten TOO light, or disappeared. Some time around the 3rd week, color will reappear and by week 4 it should be completely healed, at which time the final results will be visible. Changes or corrections can be addressed at the Perfection Session.

Skin may be slightly pink and/or swollen immediately following the procedure. This is normal and usually subsides within 24-48 hours

Be aware that makeup cannot be worn on the treated area for at least 7 days, and full healing normally takes 3-4 weeks, so plan ahead for life events, work, vacations, etc... and try not to schedule anything important for at least a week following the procedure.

Important – Do not drink alcohol the night before the procedure, and avoid caffeinated beverages on the day of the procedure.

Please wear your normal makeup on the day of your procedure, including brow makeup. Any brow shaping using waxing or threading should not be performed less than 3 days prior to your microblading procedure.

Topical Anesthetic information:

Allergic reaction:

Numbness: Although a topical anesthetic is used during the procedure, sensitive clients may still experience some slight sensitivity and/or mild discomfort. We cannot accept responsibility if the treated area does not respond to the numbing cream. Each individual is different according to skin type. Most clients report the area to be completely numb, while others may experience some mild discomfort. To achieve the most benefit from the topical anesthetic, please avoid the following herbs and spices for a few days before and the day of your appointment: Black pepper, Cardamom, Ginger, Mustard, Cayenne (Capsicum Frutescens), Cinnamon, Garlic, Horseradish.

Women who are menstruating at time of their PMU/SPMU procedure may be more sensitive than usual, and possibly less responsive to the anesthetic. So for your comfort, please plan accordingly when scheduling your appointment, if possible.

Procedure: Multiple topical numbing cream & gel anesthetics are used before and during the PMU/SPMU procedure. These products are formulated to be perfectly safe, however allergic reactions can occur from any anesthetics used during a procedure. If you do suffer from an allergic reaction (*very uncommon*) you should contact your doctor immediately. Allergic reaction response may show through excessive redness, swelling, rash, blistering, dryness, or any other notable symptoms typically associated with an allergic reaction. The anesthetic is placed over the treatment area for 20-30 minutes, then carefully removed prior to the treatment. As a result of the treatment, combined with the use of the anesthetic, you can expect to experience some slight redness and/or swelling that can last from 1-4 days. **Always follow your post-procedure and after-care advice for the best results.**

POST PROCEDURE INFO & INSTRUCTIONS:

FOLLOW ALL INSTRUCTIONS CAREFULLY TO ACHIEVE THE BEST POSSIBLE RESULTS FROM YOUR PMU/SPMU PROCEDURE!

WHEN YOU GET HOME – Go to www.andreaodonnell.com and schedule your Perfection Session for 4-8 weeks ASAP. If you do not do this now, you will not be able to get in during the required time frame and your rate will increase. If you cannot find an available opening within the 4-8 week time frame, please contact me and I will try to find a spot for you, or I will add you to the waiting list.

ABOUT 2-3 HOURS AFTER PROCEDURE – Using a clean, cotton pad saturated with cool water, gently wipe away the barrier cream that was applied to you at the studio. Pat dry with another clean cotton pad, and reapply barrier product that was given to you. If you lose or run out of that product, you may use Aquaphor or Bacitracin, which can be purchased at any pharmacy or grocery store.

2-3 TIMES PER DAY – Repeat the above process, most importantly first thing in the morning, and right before bed, but area clean, hydrated and protected with that barrier product all day.

Continue doing this for: Brows 3-4 days
Eyeliner 5-7 days
Lips 7-10 days
Areola 7-10 days (*cover with non-stick gauze as needed to protect clothing*)

After last day of using the barrier product as instructed above, allow the treated area to air-heal naturally, but be sure to keep the area clean at all times & try not to touch the area at all until you are sure there is no more open skin present.

FOR THE FIRST 7 DAYS:

DO NOT SUBMERGE FACE IN WATER. Do to hold face under the shower head. Add extra barrier cream prior to washing hair to protect area from dripping shampoos and conditioners. You may wash your face, but avoid the treated area.

DO NOT TOUCH AREA EXCEPT TO CLEAN AND APPLY BARRIER PRODUCT AS INSTRUCTED.

LIP COLOR CLIENTS - NO KISSING!

DO NOT ALLOW HAIR TO TOUCH TREATED AREA. Wear headbands, ponytails, a hat, hair clips, or whatever it takes.

DO NOT APPLY MAKEUP, CREAMS, SUNBLOCK, OINTMENTS, VASELINE, OR ANY OTHER PRODUCTS TO THE AREA. After 7 days, sunblock is highly recommended.

DO NOT SWEAT – This means no working out, bike riding, kayaking, hiking, running, gardening, playing basketball, golfing in the hot sun, eating super spicy foods, having sex, dancing, saunas/hot tubs, stressful work meetings, or anything else that makes you sweat!

AVOID SUN EXPOSURE – Wear a hat or visor, or at least hold your hand over the treated area to shade it from the sun when outdoors.

DO NOT CALL ME TO TELL ME YOUR PMU/SPMU IS TOO DARK OR TOO LIGHT!!! We discussed this in detail at your appointment, right?? We already know this is going to happen. You will be shocked. You will feel like you look weird. You will think everyone is staring at you. You will want to hide for a couple days. Then, just when you get used to them, you will be upset because they disappeared! **Let the healing take it's full 4 week course!** We will address any changes or corrections at the Perfection Session *if necessary*.

If you see any signs of infection, please call your physician immediately. This will not happen if you follow the above instructions.

AFTER 7 DAYS AND FOREVER:

AVOID SUN EXPOSURE TO TREATED AREA – USE SUNBLOCK!!! Sunblock protects the color from fading and migrating. Tube style lip balms with SPF 30+ are really convenient and easy to carry with you in your purse or pocket. Reapply several times per day.

APPLY A BARRIER WHEN SWIMMING IN CHLORINATED POOLS – Chlorine can bleach the color, making it fade way faster than it should. A protective layer of some form of barrier helps keep chlorine from absorbing onto the skin. (Sunblock, Lip Balm, Vaseline, etc...)

Keep your color fresh and lines sharp by scheduling a “Freshen Up” appointment every 1-2 years, or as needed.

I have read and fully understand the above information provided and am aware of any and all risks associated with the use of topical anesthetic, all aspects of the PMU/SPMU procedure I am electing to undergo, including pre and post care, and I therefore consent to the use of the anesthetic for the procedure, and agree to follow the pre and post procedure instructions carefully and to the best of my ability.

SIGN & DATE: _____